

The Monument Mile Classic



Race Update

“...so I just put the hammer down and didn’t look back. Then coming down that home straight, with all of that support in the final 50m, and to see the clock on ‘57’ when I went through the line is just a phenomenal feeling.... This is the event that is going to take athletics to the next level. We can’t have enough of it.”

3:57 miler Ben MacMillan



Dear Athlete,

On behalf of Central Athletic Club, we extend our heartfelt gratitude for your participation in the forthcoming 6th Monument Mile Classic, scheduled for the evening of Saturday 26th August 2023.

The Monument Mile Classic serves as a testament to the power of community and the passion for athletics in Scotland. As a volunteer-run event, our goal is to provide a platform for athletes across the UK to showcase their talents, to push their limits, and to race fiercely over the iconic distance.

Please see below a host of important updates which we hope are of assistance. Of course, if you have any questions in the meantime, please do not hesitate to contact us directly.

Wishing you well for your track 2023 season and looking forward to seeing you all in August.

Bring the Flames,

Michael Edward Wright

Race Director

The Monument Mile Classic

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1 The First Monument Mile Classic Training Session

For the first time in our history, we have decided to host our own track training session in preparation for the Mile which is open, free of charge, to all of our race entrants.

The time and date for this is Saturday 5th August 2023 meeting at the track on The University of Stirling. It will be 2pm meet at the track on this date, and commence the warm up from that time. The full session (including cool down) will finish no later than 4pm.

This date is precisely three weeks away from the race date, and we hope that it will not only provide a valuable training session for the athletes that we serve, but it will also help athletes become more familiar with the track at The University of Stirling ahead of race day three weeks later. We also hope that it will build community around our event.

There will be no costs to any of the athletes to attend, and the Race will cover the cost of the track hire. The coach for the training session will be our own Michael Wright, a fully qualified UK Athletics Endurance Coach, and Coach of reigning Monument Mile Classic Champion Ben MacMillan (3:57mins Meet Record in 2023).

In the first instance, we ask athletes confirm their interest to us directly. Once we have an idea of numbers and standards, we will then seek to confirm both the content of the sessions, and the number of different sessions we may run nearer the time.

Please confirm interest in the first instance to Race Director Michael Wright, and we will get in touch again during the month of July to confirm session arrangements.



2 The After Party

Just like in 2022, we are excited to announce that we have once again secured The Meadowpark Bar (<https://www.themeadowparkstirling.co.uk/>) for our “After Party”. Conveniently located just a 5-minute walk from the track, it's the perfect spot to continue the celebrations.

To commemorate your new track mile personal best, we will be putting on some food for race entrants. We invite you to join us at The Meadowpark Bar, it's a fantastic opportunity to unwind, socialize, and relish in your accomplishments.

Please note that this celebration is exclusively for individuals aged 18 and above.

Come and indulge in a well-deserved feast as we toast to your remarkable achievements at The Meadowpark Bar. We can't wait to raise a glass with you!

3 World Athletics Race Permit

In previous years, we have been issued not only a Scottish Athletics permit, but we have also obtained a UK Athletics Level 2 permit, in large part thanks to the strong officials that we have supporting the event.

Following consultation with British Athletics, we are delighted to report that for the first time ever, we have been granted a race permit by World Athletics. This recognises the level of race we now host, and also, and very importantly, our incredible officials.

So, you can tell all of your friends and family that you will not only be racing in a Scottish Athletics and UK Athletics permit event, but also now a World Athletics permit event.



4 The 1500m Split Mark

We are delighted to confirm that we will reintroduce the secondary formal photo finish unit at the 1500m split mark for 2023. We will have formal photo finish stations at both the mile finish line, and the 1500m split mark, and times for both distances will enter on to your Power of 10 profiles.

We hope this illustrates our willingness to go “*the extra mile*” for the athletes that we serve.

5 Social Media

We work hard on trying to keep our community abreast of all updates associated with the race on our social media platforms. If you don't already, do give us a follow on Twitter (@MileClassic) and Instagram (Mile Classic).

6 Refund Policy

We acknowledge that unexpected circumstances can arise after registering for a race. As an organization, we incur costs as soon as you submit your entry. To ensure a straightforward and equitable refund process, we have established the following refund policy:

If you decide to cancel your participation:

- On or before July 31, 2023: You will be eligible for a 75% refund.
- After July 31, 2023: Unfortunately, no refunds will be issued.

To request a refund, kindly reach out to our Race Director, Michael Wright, via email. He will guide you through the necessary steps and assist you with the refund process.

7 Sponsors

We would like to extend our heartfelt gratitude to our esteemed sponsors for their invaluable financial contributions, which have played a crucial role in making this track race a reality. Their unwavering support has not only made the event possible but also added a special



touch to the overall experience. Their commitment to our sport and dedication to fostering athletic excellence are greatly appreciated. We recognize the significance of their partnership and are truly grateful for the opportunity to collaborate with these generous and forward-thinking sponsors. Our thanks to them for allowing us to make this race exceptional.



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